# Yelm Secondary Schools

## The main dish

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>Orange Chicken</td>
<td>BBQ Beef Sandwich</td>
<td>Hot &amp; Spicy Popcorn Chicken</td>
<td>Chicken &amp; Waffles</td>
<td>BBQ Rib Sandwich</td>
</tr>
<tr>
<td>Steamed Rice</td>
<td>Coleslaw</td>
<td>Ranch Dipping Sauce</td>
<td>Baked Tator Tots</td>
<td>Pepperoni</td>
</tr>
<tr>
<td>Broccoli Buds</td>
<td>Baby Carrots</td>
<td>Oven Roasted Potato Wedges</td>
<td>Celery Sticks</td>
<td>Breadsticks</td>
</tr>
<tr>
<td>Sliced Cucumbers</td>
<td>Green Beans</td>
<td>WG Chocolate Chip Cookie</td>
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### Eat a Red Apple Day

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### Specials

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<tbody>
<tr>
<td>Chicken Bacon Pizza</td>
<td>Hawaiian Pizza</td>
<td>All Meal Pizza</td>
<td>Veggie Pizza</td>
<td>Pepperoni &amp; Sausage</td>
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### Fast Food Faves

- Lean beef burgers w/ cheese and breaded chicken sandwiches available daily. Includes daily potato side, fruits & veggies.

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<tr>
<td>Chicken &amp; Swiss Burger</td>
<td>Hot Ham &amp; Cheese Hoagie</td>
<td>Spicy Chicken Burger</td>
<td>BBQ Rib Sandwich</td>
<td>Bacon Cheese Burger</td>
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</table>

### Breakfast to start your day off right!

- Waffle Sticks
  - Bagel & Cream Cheese
  - Yogurt Parfait
  - Cereal w/String Cheese

- Pancake on a Stick
  - Bagel & Cream Cheese
  - Yogurt Parfait
  - Cereal w/String Cheese

- Long John Donut
  - Bagel & Cream Cheese
  - Yogurt Parfait
  - Cereal w/String Cheese

- Breakfast Burrito
  - Bagel & Cream Cheese
  - Yogurt Parfait
  - Cereal w/String Cheese

- French Toast
  - Bagel & Cream Cheese
  - Yogurt Parfait
  - Cereal w/String Cheese

### Breakfast includes choice of above entrée, Fresh Seasonal Fruit & Potato Side

- Yelm Community Schools is an equal opportunity provider and employer

### Food Facts

- **Did you Know??**
  - The Red Delicious apple was discovered as a chance seedling in 1872 on the Iowa farm of Jesse Hiatt. He marketed it under the name Hawkeye and eventually sold the rights to a fruit company known as Stark Brothers. The apple was first renamed Delicious and later on when Stark Brothers discovered another apple and named it Golden Delicious they renamed the Delicious, Red Delicious. The Red Delicious apple saw tremendous commercial success between 1940 and the late 1980’s, with the bulk of the supply coming out of Washington State.

### A Taste of Italy

- Pepperoni & Cheese Pizza served daily on WG Crust
  - Includes daily potato side, fruits & veggies

#### Specials

- Monday: Chicken Bacon Pizza
- Tuesday: Hawaiian Pizza
- Wednesday: All Meat Pizza
- Thursday: Veggie Pizza
- Friday: Pepperoni & Sausage

### Meal Prices

- Breakfast: K-12:$1.50, Reduced K-12:$0.75
- Lunch: K-6:$2.50, 7-12:$2.90, Reduced:$0.40
- Adult Breakfast:$2.35, Adult Lunch:$3.55

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### Food Substitutes

- Please Contact the Yelm Community Schools District Office: 360-458-1900

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### Yelm Community Schools

- An equal opportunity provider and employer

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### December 2015

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### Substitutions needed:

- For Food Service
- Contact Yelm Community Schools District Office: 360-458-1900